



SOULFUL

BEAUTY & SKINCARE

TREATMENT MENU

Prices effective as of 1 February 2024



INTENSIVE TREATMENTS

Intensive Treatments

Hydra₄ Intensive Treatment

75min | \$185

Hydra₄ Intensive Treatment is an ultra-hydration solution to quench, hydrate, and plump the skin, renewing its youthfulness. This high-performance treatment combines four sources of hyaluronic acid with 2 patented Sothys active ingredients. A treatment specially designed to meet all skin hydration needs, with a unique six-phase protocol, exclusive Digi-Esthétique® techniques, and the latest generation of hydrating active ingredients. It is recommended as a series of three treatments for ultimate results! It is recommended to have three treatments two weeks apart.

Detox Energie Treatment

90min | \$185

This skin-energising treatment helps the skin to defend itself against the harmful effects of environmental stress and pollution, which can accelerate skin ageing. At the heart of this Intensive Treatment is a trio of exclusive active ingredients: organic Elderberry /organic Siberian ginseng / detoxifying Peptides to fight the effects of pollution, balance the microbiome, and enliven the skin's energy levels.

Pro-Youth Intensive Treatment

90min | \$185

A powerful, targeted treatment designed to combat the signs of ageing delivered with patented actives (BP3 TriComplex™) and expert application methods. 75 minutes of ultimate relaxation for visibly younger, more lifted skin with clinical tests showing up to 6 years off the age of the skin following the recommended three treatment course.

Seasonal Oxygenating Treatment: Limited Edition

60min | \$135

Boost your skin's defence system to maintain balance throughout the year with a dose of oxygen and minerals /vitamins. Delicious seasonal fruit extracts combined with an anti-toxin complex and minerals / vitamins in this treatment oxygenate and repair the skin, awakening your skin's natural radiance... A pure moment of well-being! Add a GL peel for extra intensity.

Intensive Treatments

Sensitive Skin Professional Treatment

60min | \$155

Based on Spa thermal water with renowned de-sensitising effects combined with high-performance actives, this ultra-calming treatment has been formulated especially for delicate skins. The gentle and soothing textures allow sensitive skin to recover its balance and comfort. The skin is more soothed in one hour with 25% reduction in skin sensitivity.

Anti-Wrinkle Eye Treatment

30min | \$95

Offering immediate and long-lasting results for the eye contour, this 30-minute treatment, targets tired eyes and premature ageing of the eye zone. Sothys exclusive Modelling porcelains provide a refreshing cryogenic effect on the eye contour, with active ingredients to lift, smooth and brightening the entire eye area.

Perfect Shape Neck Treatment

45min | \$120

Contour the jawline and lift the neck with this targeted treatment designed to support all skin types showing signs of a slackened jawline, double chin or “text neck”. Featuring M3.0 peptides to boost collagen synthesis, this technique can be easily incorporated into a full skin treatment or utilised as an express technique of 30 minutes.

A series of 5 treatments every 2 weeks is recommended and using the Perfect Shape neck serum at home will yield the best results.



FACIAL THERAPY

Facial Therapy

Express Deep Cleanse Facial

30min | \$95

An express treatment, incorporating exfoliation, deep cleansing and treatment mask leaving the skin rejuvenated and glowing.

Classical Facial

60min | \$125

Your Sothys therapist will recommend a prescribed ampoule infusion skin treatment, incorporating exfoliation, deep cleansing, a professional ampoule serum, relaxing massage phase and personalised treatment mask leaving the skin rejuvenated and glowing.

Deluxe Facial

90min | \$165

Combining all the elements of our classical facial with an eyelash/eyebrow tint and eyebrow wax.

Organic Professional Skin Treatment

30min | \$140

An express treatment with delicate aromatics, Sothys Organic skin treatment awakens the skin with instant radiance. Combining sensoriality and efficiency, the Sothys Organics™ organic certified facial treatment is suitable for all skin types, including sensitive. Immerse yourself into the heart of nature and enjoy a moment of deep relaxation with a face and scalp cocooning massage, unique to this treatment.

Professional Correcting Treatment - Clarifying Problem Skin Treatment

60min | \$145

A powerful clarifying technique for young oily, problem skin or mature-onset acne. This treatment works in 3 phases by exfoliating, deep cleansing and clarifying with anti-bacterial actives. Plant extracts are used to regulate oil flow, freshen the skin and assist in healing. Often oily problem skin can maintain its balance with a series of Correcting Treatments supported with a good home-care routine.



SKIN RESURFACING
TREATMENTS

Skin Resurfacing Treatments

Level 1 Glysalac Peel

40min | \$120

Glysalac GL Peel combines 20% glycolic & 2% salicylic acid for total skin rejuvenation, bringing instant radiance and a more even complexion. Offering exceptional results for sun-damaged and prematurely ageing skin, this peel may also assist in unclogging oil-congested skin, refining open pores and preventing break-outs.

A series of 5-10 professional peeling treatments, while using prescribed Sothys professional home care offers optimal results. Not recommended for sensitive skin.

Level 2 Lactic Peel

40min | \$130

Advanced skin peel with 50% Lactic Acid to brighten and soften lines and wrinkles, boosting cell renewal to promote a smoother, more hydrated skin.

Lactic acid is extremely effective at stimulating collagen in fine or mature skin, is non-irritating with no "down time" required.

A series of 5-10 peels is recommended, every 2nd week with Sothys Repair Balm as homecare support for 7 days following the peel.

Level 2+ Salicylic Acid Peel

40min | \$130

This Advanced peel with 20% Salicylic acid unclogs oil-congested skin prone to acne, refines open pores and brightens skin with hyper-pigmentation tendencies. The protocol includes a soothing mask, calming recovery gel and a fragrance-free repairing cream.

A series of 5-10 peels is recommended, every 2nd week with Sothys Regenerative Solution as homecare support for 7 days following the peel.

Omnilux Light Therapy Treatment

Is a painless, non-surgical method of treating fine lines and wrinkles, loss of firmness and acne conditions, healing through the use of red, white and blue wave lengths of pure light. A 30-minute Omnilux Light Therapy session includes a double cleanse, light therapy followed by application of moisturiser and sun protection.

1 session

30min \$70

9 session

30min \$550

As an add-on to a facial

30min \$55



ESSENTIAL TREATMENTS

Hand

Manicure

\$70 + \$10 OPI Gel Colour

A deluxe treatment including soaking of hands in warm water to soothe and soften skin, a moisturising cuticle exfoliation, nails shaped & buffed, a massage and finishing off with a polish.

French Manicure

\$90 + \$10 OPI Gel Colour

A deluxe treatment including soaking of hands in warm water to soothe and soften skin, a moisturising cuticle exfoliation, nails shaped & buffed, a massage and finishing off with a French polish to your desire.

File, Buff & Polish

\$55 + \$10 OPI Gel Colour

Nails shaped, Buffed and Polished.

OPI Gel Removal & Reapply

\$85

Gel soaked off, Nails shaped, Buffed and Polished.

OPI Gel Polish removal

\$35

Feet

Pedicure

\$85 + \$10 OPI Gel Colour

Enjoy soaking your feet in warm soothing water, nails will be filed, buffed and cuticle work done, a foot and lower leg exfoliation and beautiful relaxing massage, finishing off with a polish.

French Pedicure

\$95 + \$10 OPI Gel Colour

Enjoy soaking your feet in warm soothing water, nails will be filed, buffed and cuticle work done, a foot and lower leg exfoliation and beautiful relaxing massage, finishing off with a French polish to your desire.

File, Buff & Polish

\$60+ \$10 OPI Gel Colour

Nails shaped, Buffed and Polished.

OPI Gel Polish removal

\$35

Waxing

Nose	\$15
Lip + Chin	from \$28
Lip	from \$18
Chin	from \$18
Face (including lip + chin)	from \$43
Half leg	\$45
3/4 leg	\$52
Full leg	\$65
Bikini	from \$33
G-String	from \$40
Brazilian	first \$78
Half Leg + Bikini	from \$65
Full Leg + Bikini	from \$85
Half Leg + G-String	from \$75
Full Leg + G-String	from \$95
Half Leg + Brazilian	from \$95
Full Leg + Brazilian	from \$120
Underarm	from \$25
Arm	from \$48
Half Arm	from \$38

ELECTROLYSIS

15mins | \$42 + \$10 extra/per 5min

Eyes

Eyebrow Wax	from \$25
Eyebrow Tint	\$25
Eyelash Tint	\$35
Eyelash Tint + Eyebrow Wax	\$42
Eyebrow Tint + Wax	\$40
Eyelash Tint + Eyebrow Tint	\$45
Eyelash + Eyebrow Tint + Eyebrow Wax	\$60
Eyelash Lift	\$75

Booking Conditions

Opening Hours

Monday: By Appointment Only

Tuesday - Friday: 9am - 5:00pm

Late Appointments by Request

Saturday: 9am to 2pm

Advance Booking

We do recommend booking in advance to avoid disappointment.

Arrival Time

Please arrive 15 minutes prior to your scheduled treatment. A punctual arrival ensures you receive the full duration of your treatment as we endeavour to remain on schedule for each guest.

Cancellation Policy

The time for your experience has been exclusively reserved for you; however, if your plans change, we do request the courtesy of 48 hours' notice to cancel your appointment. Regrettably without due notice, the full charge of your scheduled treatment will be charged to you. We will call or text to confirm your appointment 48 hours prior.

Health Conditions

Your wellbeing is very important to us, and it is essential that you inform us of any health conditions, allergies, injuries, or pregnancy when scheduling your appointment.

Privacy & Modesty

Our caring and professional therapists have the utmost respect for your privacy and modesty and all personal information shared will remain confidential. It is our intention to provide a safe, healing environment based on trust where you can truly relax.

Retail Therapy

We have a wonderful selection of Sothy's skincare, Your therapist can assist you with your enquires.

Payment

We accept cash, eftpos and all major credit cards. Surcharges may apply to some cards.

Gift Cards

Soulful Beauty and Skincare is delighted to offer monetary value or specific treatment gift cards. Gift cards must be redeemed within 3 years. Please quote your gift card when booking and present your card on arrival

